EQUALLY WELL OUTCOMES FRAMEWORK – MENTAL WELLBEING

ACTIONS

Income maximisation activities and tackling fuel poverty

Financial inclusion activities

Community regeneration activities

Healthy Working Lives Award scheme

Business and economic development agencies to participate in community planning

Promote employability of vulnerable groups

Improve individual and community wellbeing

Suicide prevention activities

Ensuring timely access for offenders to health and family support services

Promote availability and use of green space and active travel

Improve client pathways into, through and out of public services, especially for clients with multiple and complex needs

OUTCOMES

Intermediate Outcomes

SOCIAL ENVIRONMENT

MW7: Less reported discrimination, harassment or abuse
MW9: Greater mental health literacy across the public and professions
[Further work is required to identify the intermediate outcomes relating to the social environment that shape health inequalities and the interventions required to achieve them.]

ECONOMIC ENVIRONMENT

MW1: Reduced proportion of people living in poverty
MW3: Reduction in fuel poverty levels
MW2: Greater financial inclusion & better financial management by individuals
MW6: Better prospects of moving into good and sustained employment
[Further work is required to identify the intermediate outcomes relating to the economic environment that shape health inequalities and the interventions required to achieve them.]

PHYSICAL ENVIRONMENT

MW4: Healthier workplaces
MW13: Increased use of green space and more physical activity
MW14: Greater satisfaction with public services and local neighbourhoods
[Further work is required to identify the intermediate outcomes relating to the physical environment that shape health inequalities and the interventions required to achieve them.]

INDIVIDUAL BEHAVIOURS

MW2: Greater financial inclusion and better financial management by individuals
MW8: More volunteering

HEALTH

MW5: Reduced sickness absence rates

MW10: Improved recovery from mental illness

MW11: Fewer suicides

MW12: Sustained or improved physical and mental wellbeing of offenders (also BK8)

Long-term Outcomes

Reduced inequalities in:

Mental wellbeing (adults aged 16+)

Healthy life expectancy at birth

National Outcomes

- We live longer, healthier lives
- We have strong, resilient and supportive communities where people take responsibility for their own actions and how they affect others
- We have tackled the significant inequalities in Scottish society
- We live in well-designed sustainable places where we are able to access the amenities and services we need