PLACE AND WELLBEING OUTCOME BRIEFING

Resources: Housing and Community



Public transport

Natural space
Play and recreation

Traffic and parking

Resources

Work and economy

Housing and community can have a positive impact on people when everyone has access to:

- A home that is affordable, energy efficient, high quality, and provides access to private outdoor space.
- A variety of housing types, sizes and tenancies to meet the needs of the community. And of a sufficient density to sustain existing or future local facilities, services and amenities.
- A home that is designed and built to meet need and demand, is adaptable to changing needs and includes accessible/wheelchair standard housing.
- New homes that are located and designed to provide high levels of climate resilience and use sustainable materials and construction methods.
- Homes that are designed to promote community cohesion.

This is why it is one of Scotland's Place and Wellbeing Outcomes.

The evidence tells us:



Provision of good quality affordable housing is associated with improved physical and mental health outcomes including quality of life.



Poor quality housing and homelessness are associated with adverse health conditions.



Unaffordable housing is associated with poorer mental health, particularly for certain groups such as people on a low income.



Inadequate ventilation can lead to poor indoor air quality, which can negatively impact on health.



Fuel and wider poverty negatively impact people's mental health.



Fuel poverty can be a particular problem in rural areas because households may not be able to access cheaper forms of fuel.

Stewardship

Influence and

identity and belonging



The energy efficiency of homes can help with heating homes adequately.



Housing should be located close enough to enable residents to easily access facilities and services, social networks, employment and transport.



Security of tenure can help people to feel settled, put down roots, and maintain family and social networks.



Older people and people with disabilities can find it difficult to access good quality affordable housing that meets their needs.

Briefings for all of the other Place and Wellbeing Outcomes can be found on the Improvement Service website.

Source

 Evidence Behind Place Standard Tool and Place and Wellbeing Outcomes Visit the <u>website</u> for more information on the Place and Wellbeing Outcomes. Follow us on X (<u>@place4wellbeing</u>) to keep up to date with our latest news and place-based resources.

