

PLACE AND WELLBEING OUTCOME BRIEFING

Stewardship: Care and Maintenance

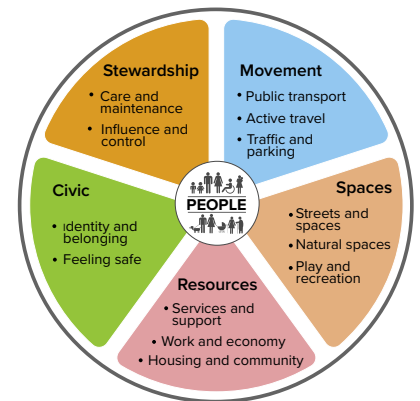


Care and maintenance can have a positive impact on people when everyone has access to:

- Building, spaces and routes that are well cared for in a way that is responsive to the needs and priorities of local communities.
- Good facilities for recycling and well organised refuse storage and collection.

This is why it is one of Scotland's Place and Wellbeing Outcomes.

The evidence tells us:



If places are regarded as not being maintained this can lead to perceptions of it being unsafe and reduced social capital.



Deprived areas are more likely to be exposed to environmental incivilities, vacant and derelict land, and poor maintenance.



Poorly maintained neighbourhoods with high levels of incivilities can lead to lower levels of mental wellbeing and poor health.



Vacant and derelict land can negatively impact health.



Poorly maintained neighbourhoods can lead to reduced social connections and neighbourliness and increased isolation.



Contaminated land can affect air and water quality, which can negatively impact on health.



Poor neighbourhood quality, such as litter and inadequate lighting is associated with functional loss, for example the ability to climb stairs in older people.



If people are involved in helping to design and maintain the places they live, this can build a sense of ownership, belonging and attachment.



If a place isn't well maintained this can lead to negative perceptions, which can lead to investors disinvesting and people not wanting to go to that place.



Volunteering can help increase feelings of self-esteem and provide a sense of purpose.

Briefings for all of the other Place and Wellbeing Outcomes can be found on the [Improvement Service website](#).

Source

1. [Evidence Behind Place Standard Tool and Place and Wellbeing Outcomes](#)

Visit the [website](#) for more information on the Place and Wellbeing Outcomes. Follow us on X (@place4wellbeing) to keep up to date with our latest news and place-based resources.