PLACE AND WELLBEING OUTCOME BRIEFING

Resources: Work and Economy



Work and economy can have a positive impact on people when everyone benefits equally from a local economy that provides:

- Essential goods and services produced or procured locally.
- Good quality paid and unpaid work.
- Access to assets such as wealth and capital, and the resources that enable people to participate in the economy such as good health and education.
- A balanced value ascribed across sectors such as female dominated sectors and the non-monetary economy.

This is why it is one of Scotland's Place and Wellbeing Outcomes.

Stewardship Care and maintenance Influence and control Civic Identity and belonging Feeling safe Resources Spaces Streets and spaces Natural spaces Play and recreation Work and economy Housing and community

The evidence tells us:



Work is beneficial for health and wellbeing if it is 'good' work.



'Good' work improves income, job security, does not increase employee's risk of illness or injury, or negatively impacts upon/on mental health



Volunteering is associated with improved self-rated health, mental health, life satisfaction, wellbeing, decreased depression and mortality.



Individuals can experience a loss of social connections or a sense of structure and purpose if they are not in 'good' work.



Low-quality work is associated with poor health and the longer someone is in low-quality work, the worse the health outcomes.



The cost and accessibility of public transport can affect access to employment opportunities.



Some people find it necessary to purchase a car to access work even when they cannot afford it, which can lead to further debt.



Transport is a key barrier to employment for many people living in low-income neighbourhoods.



Unemployment can be harmful to health and the longer a person is unemployed the worse the health outcomes.



Unemployment can harm health and increase inequality, impacting negatively on mental health and poverty, and leading to unhealthy coping behaviours.

Briefings for all of the other Place and Wellbeing Outcomes can be found on the Improvement Service website.

Source

 Evidence Behind Place Standard Tool and Place and Wellbeing Outcomes Visit the <u>website</u> for more information on the Place and Wellbeing Outcomes. Follow us on X (<u>@place4wellbeing</u>) to keep up to date with our latest news and place-based resources.

